

*BPCA'S College of Physical Education,
Wadala, Mumbai- 400 031.*

PRESPECTIVE PLAN

2019-20 TO 2023-24






Introduction

Situated in the heart of Mumbai city, the Bombay Physical Culture Association (popularly known as BPCA) is one of the pioneer voluntary organizations rendering invaluable services to humanity for propagating the cultural heritage of India since its inception. Three eminent personalities and great visionaries viz., Late Padmashree Krishnaji Shripad Alias Bapusaheb Mhaskar, Late Namaskaracharya, J.K. Alias Bhausahab Soman and Patrapandit, and Late P.H. Alias Nanasaheb Khadilkar had established this Association on 29 June 1935, during British period, with a great vision 'बलम राष्ट्रस्य वर्धनम्' which means strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony. In fact, this vision of the institute is based on the universal truth Survival of the fittest and true national spirit, mainly for the promotion of the indigenous games and exercise systems. Bhartiya Kreed Mandir is a campus perhaps of its own kind in the country having big stadium and other sports infrastructure specifically designed and created for the promotion of Indian games & sports.

The idea of setting up a college for physical education was born and government permission for this establishment was also obtained in 1932. However, it took 45 long years before the college was finally established in 1978. During the interim period of these forty-five years, the institution offered its services in preparing physically fit youth in various capacities. It offered free training to school going children to get physically fit in pre and post-independence years

BPCA'S College of Physical Education is affiliated to the MUMBAI University, is accredited by NAAC with A grade (CGPA 3.29) and is recognized as a Research Centre in physical education. It offers a range of Bachelor's and Master's Courses in physical education and PhD. courses. All the modern administrative facilities are housed in suitable buildings. The college also has its own hostel and mess facilities. BP CACPE is a centre for quality physical education, one of its kind, known and recognized widely across the state of Maharashtra and the country.






Vision

‘बलम राष्ट्रस्य वर्धनम्’ which means **strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony.**

Mission

Mission of facilitating Physical Education - par excellence, preparing a cadre of professionals matching global standards who are not only physically fit but have quest for intellectual excellence through world class research and above all have ability to produce good citizens with healthy body and sound mind having human values with civic responsibilities.

Objectives

- To develop highly qualified human resource in the field of Health, Physical Education and Sports that will be proactive and accountable to the complete transformation of the discipline.
 - To equip the potential educator to become involved citizens
 - To design the most relevant academic programs which inculcate social responsibilities amongst students and provide entrepreneurship opportunities.
 - To develop research culture by establishing a functional research and innovation cell.
 - To design and organize professional development programs catering to needs of all the stakeholders.
 - To provide mentorship, skill development opportunities to the in-house faculties and staff and learners.
 - To develop and provide necessary infrastructure that helps in achieving the institutional goals and benefits in general all the components and society.
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Key Aspects	Short Term	Long Term
Academic	<ol style="list-style-type: none">1. Prepare, Discuss & Implement Teaching Plan.2. Use of Student Centred Teaching Methods.3. PEER Evaluation.4. Increase Faculty Development Program.5. Use of different Authentic Assessment Techniques in Teaching Learning Process (TLP).6. Use of Technology to Enhance TLP.7. Evaluation of the Course Outcomes8. 100% Result9. Academic Auditing	<ol style="list-style-type: none">1. Online Course related to PE & Sports.2. Evaluation of the Program outcomes.3. Development of e-content4. Talks & Interaction through Video Conferencing.5. To start Magazine/Journal about Health, PE & Sports.
Research	<ol style="list-style-type: none">1. Publishing Book of Abstracts2. All faculties with Ph.D.3. Organize State / National and International level workshops4. Increase in Ph.D./ M.Phil. Results5. To create Literature in Marathi language6. Increase the number of Research Publications by faculty members7. Submitting Minor Research Project (MRP).	<ol style="list-style-type: none">1. Submitting Major Research Project.2.. Subscribe Online Data Base & Journals
Extension	<ol style="list-style-type: none">1. Collaborations & linkages with industries.2. Starting Value Added & Certificate Courses — Sports Nutrition, M.A Yoga, Outdoor Fitness Instructor, Gym Instructor, Aerobics Instructor, Yoga Instructor, Skating Instructor.3. To start Social activities.4. Program with other bodies/ Organization.5. Making Effective use of Social Media.6. Providing Expertise — Officiating Testing, Event Management & PE Program.7. Organize Short Term Courses for Faculty Development.8. Conduct Activities for Special	<ol style="list-style-type: none">1. Starting Health & Fitness Assessment & Counselling Centre.2. Starting of Different Courses — B.A. Yoga, B.A. Physical Education Course, Strength & Conditioning course, Sports Nutrition diploma, Degree course of elite sportsman.3. Faculty Exchange.4. Organize Refresher Course.
	<ol style="list-style-type: none">1. Increase in the number of classrooms2. Renovation of Basketball Courts	<ol style="list-style-type: none">1. Increasing Parking.2. Constructing Indoor Multi-




Infrastructure	<ol style="list-style-type: none"> 3. Compliance of Sports Equipment and Human Performance Laboratory as per NCTE New Regulations. 4. Renovation of Athletic Track 	<ol style="list-style-type: none"> 3. Purpose Hall with Gym, Guest Rooms, Changing Rooms for Day Scholars & Faculty. 4. Building New Hostel Facility.
Student Support	<ol style="list-style-type: none"> 1. Increasing the Scope & Function of Placement Cell. 2. Conduct Up-gradation courses for Alumni. 3. Starting classes to improve students Soft Skills & Life Skills. 4. Increase in the Student Welfare Fund. 5. Increase in Library Timing. 6. Start Counselling, Mentoring Session and Medical Support for Students. 	<ol style="list-style-type: none"> 1. Start facility of Canteen.
Governance	<ol style="list-style-type: none"> 1. Planning of each Department or Event in the college. 2. Form different committee for Decentralize Administration. 3. Purchase Campus Management Software and Mobile App. 4. Outbound Program for Faculty. 	<ol style="list-style-type: none"> 1. Apply for Awards — Staff & College. 2. Undergo Administrative Audit. 3. Apply for Autonomous College.


Plan for the Year 2019 – 2020

- Prepare, Discuss & Implement Teaching Plans.
- Use of Student Centred Teaching Methods.
- Use of different Authentic Assessment Technique in TLP.
- Use of Technology to enhance TLP.
- 100% Result.
- Publishing Book of Abstracts.
- Conducting State level Workshop on Functional fitness.
- Organizing one Day Workshop on 'Sports Nutrition'.


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- Conducting Workshop on State Eligibility test (SET) in Physical Education.
 - Starting Certificate courses on Outdoor Fitness Instructor, Gym Instructor, Aerobics Instructor, Yoga Instructor, and Skating Instructor.
 - Conducting Volleyball (M) & Hand Ball (M) Inter collegiate competition.
 - Organizing Basketball Zonal Level Competition.
 - Increase in Classrooms.
 - Compliance of Sports Equipment and Human Performance Laboratory as per NCTE new Regulations.
 - Increasing the scope and function of Placement cell.
 - Conducting Up gradation courses for Alumni.
 - Purchasing Office Management Software and Mobile App.

Plan for the Year 2020 – 2021

- Prepare, Discuss & Implement Teaching Plans.
 - Use of Student Centred Teaching Methods.
 - Use of different Authentic Assessment Technique in TLP.
 - Use of Technology to enhance TLP.
 - 100% Result.
 - Academic Auditing.
 - All faculties with Ph.D.
 - Organizing International Workshop on Strength & Conditioning.
 - Organizing State Level Seminar on Olympic Movement.
 - Conducting Workshop on State Eligibility test (SET) in Physical Education.
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- Conducting Volleyball (M) & Athletics Inter collegiate competition.
 - Organizing Volleyball (W) Zonal Level Competition.
 - Starting Sports Nutrition Diploma course, M.A Yoga Course.
 - Organize Faculty Development Short term course for Multi-disciplinary faculty on Yoga for life.
 - Renovation of Athletic track.
 - Conducting Up gradation courses for Alumni.

Plan for the Year 2021 – 2022

- Prepare, Discuss & Implement Teaching Plan.
 - Use of Student Centred Teaching Methods.
 - Use of different Authentic Assessment Technique in TLP.
 - Use of Technology to Enhance TLP.
 - 100% Result.
 - Evaluation of Program outcome.
 - Apply for Best College Award.
 - Subscribe online data base & Journals.
 - Conducting state level Workshop on 'Rehabilitation'.
 - Organizing National Level Seminar on 'Sports Management '.
 - Conducting Workshop on State Eligibility test (SET) in Physical Education.
 - Conducting Table Tennis (M) & Judo (W) Inter collegiate competition.
 - Organizing Foot Ball (W) Zonal Level Competition.
 - Starting B.A Physical Education Course.
 - Renovation of Basket Ball Court.
 - Conducting Up gradation courses for Alumni.
 - To do an Administrative Audit.
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Plan for the Year 2022 – 2023

- Prepare, Discuss & Implement Teaching Plan.
 - Use of Student Centred Teaching Methods.
 - Use of different Authentic Assessment Technique in TLP.
 - Use of Technology to Enhance TLP.
 - 100% Result.
 - Development of e-Content.
 - Submitting Major Research project.
 - Conducting state level workshop on Minor & Modified Games.
 - Conducting Workshop on State Eligibility test (SET) in Physical Education.
 - Conducting Kho—Kho (M) Inter collegiate competition.
 - Organizing Kho-Kho (M) Zonal Level Competition.
 - Organizing Kho-Kho (M) All India Level Competition.
 - Starting B.A Yoga Course.
 - Starting Health & Fitness Assessment & Counselling Centre.
 - Create more space in Parking Lot.
 - Renovation of Hostel Facility.
 - Conducting Up gradation courses for Alumni.
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Plan for the Year 2023 – 2024

- Prepare, Discuss & Implement Teaching Plan.
 - Use of Student Centred Teaching Methods.
 - Use of different Authentic Assessment Technique in TLP.
 - Use of Technology to Enhance TLP.
 - 100% Result.
 - To start magazine/Journal about Health, PE & Sports.
 - Organizing State level seminar on 'Adapted Physical Education'.
 - Conducting Volley Ball (M) & Basket Ball (W) Inter collegiate competition.
 - Conducting Workshop on State Eligibility test (SET) in Physical Education.
 - Organizing Foot Ball (W) Zonal Level Competition.
 - Organize Refresher course for Health, Physical Education & Sports Professionals.
 - Constructing Indoor multipurpose hall with Gym, Guest rooms, Changing Room for Day.
 - Scholars & Faculty.
 - Conducting Up gradation courses for Alumni.
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